

SUMMER SOLSTICE

Join Light of Loving Kindness (LOLk) and Friends of the Forest Preserves(FOTFP) for the Summer Solstice, the time when the day is the longest day and shortest night of the year, bringing peak sunlight and the start of astronomical summer

Bring the whole family to enjoy:

- A gentle nature walk
- Helping to restore the land
- Nature Friendly planters
- Participating in mindful eating
- Learning about food & mental health
- Hearing stories about the Solstice

There is something for everyone, including a meal & snacks!



JUNE 21, SUNDAY 1:00PM-4:00PM BEAUBIEN WOODS,
BOAT LAUNCH



REGISTER NOW

